

## **Thanksgiving Campus Visiting & Home Visiting Guidelines: Seashore Highlands Assisted Living, Beach House & The East House**

Unfortunately, Harrison County has a very high positivity rate right now and our County is in the Red Category as indicated by the Mississippi State Department of Health. Because of this, visitation to our campus has been restricted to essential personnel, employees and residents only. Once we return to the yellow tier, we will be able to begin limited visits again. We will notify all elders and family contacts when that occurs.

While we support family engagement and a resident's right to leave their Retirement Community, everyone needs to work together to take extra precautions to help reduce the spread of COVID-19, which can pose an elevated danger to the health of Retirement Community Residents. **Therefore, Medicare, the MSDH and MSS recommends against residents leaving their Retirement Community at this time.** Should a resident choose to leave for the holidays, here are some recommendations for your time away.

- Limit close contact (maintain physical distancing of six feet or more), keep gatherings as small as possible, and use technology to engage with others remotely;
- Wear facemasks or cloth face covering at all times (including in cars, homes, restaurants, etc.);
- Limit contact with commonly touched surfaces or shared items;
- Keep safe around food and drinks. Avoid communal serving utensils, passing of food, potluck or buffet style food service, and instead opt for individually prepared plates by a single server;
- Perform hand hygiene often (e.g., wash hands with soap and water or alcohol-based hand sanitizer);
- Avoid large gatherings, crowded areas, and high-risk activities such as singing;
- For those attending a gathering, avoid contact with individuals outside of their household for 14 days prior;
- Ask anyone who has signs or symptoms of COVID-19, or has been exposed to someone diagnosed with COVID-19, to not attend the gathering;
- If possible, conduct gatherings outdoors. Indoor gatherings should have good ventilation, open windows and doors;
- Verbally greet others instead of shaking hands or giving hugs. Think ahead about how you will manage to prevent physical interactions with loved ones of different ages such as young children; and
- Check local conditions and state requirements for precautions and restrictions, including positivity rates and quarantine requirements, before crossing state lines.

### **QUARANTINE PROTOCOLS:**

- The elder will be required to **self-quarantine in their room for 14 days** after returning from a community visit.