

Hello Friends! This is your Aldersgate COVID-19 Update for January 21, 2022.

We have been notified that three elders from the Apartments at Aldersgate have been diagnosed with COVID-19. Both are quarantined and are receiving appropriate care.

As always, we continue to follow all guidance set forth by state and federal officials for privacy, elder care, employee safety, and efforts to stop the spread of COVID-19.

If you suspect that you may have COVID-19, the current guidelines are to quarantine yourself for a minimum of 5 days. The day you begin having symptoms is day zero and doesn't count. Start with the following day, and then count a full five days before you consider stopping your quarantine. Should you continue to have symptoms or run a fever, then you should extend your quarantine time. You should be symptoms free for at least 36 hours before you come into contact with other people. The guidance also states that an N95 or appropriate mask should be worn for 10 days post quarantine.

If you know you have been exposed, yet you have received a negative test result, we recommend following these protocols as a precaution against potentially spreading the virus to others.

Vaccination remains the most effective way to prevent severe illness, hospitalization, and death from COVID-19. Everyone aged 5 and older should be fully vaccinated, and those 12 and over should receive a booster at the appropriate time.

While Aldersgate is currently open to indoor visits, it is important to remember that visiting our campus during an active outbreak places visitors, the elders and our team members at an increased risk of contracting the virus. Please consider this as you make plans to visit with us.

As a reminder, the fastest and easiest way to receive updated Aldersgate COVID-19 information is to call 662-844-8977 Ext. 212 for a pre-recorded message or go to mss.org/Aldersgate and click on the COVID-19 Update Button. As always, you can reach out to the Aldersgate Team at (601) 482-5561 for any questions you may have.

Bless you and be safe!