YOU can support Meals on Wheels

- Donate to help end senior hunger in Lee County
- Volunteer to deliver meals
- Become an advocate

For more information, contact: Ashley McDaniel

Executive Director of NextAge Mississippi & Meals on Wheels Coordinator (662) 231-1614 or

ashley.mcdaniel@mss.org



Can I really make a difference?

feeds 1 person

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MISSISSIPPI METHODIST SENIOR SERVICES INC PO BOX 1567 TUPELO MS 38802-9915

feeds 1 person per week

feeds 1 person per month

\$750 \$1,500 feeds 1 person for 1/2 year

feeds 1 person per year

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facebook.

MEALS ON

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WHEELS



A SERVICE OF

NEXTAGE MISSISSIPPI[®]
Services for Seniors at Home Handyman & Housekeeping Services

A Ministry of Methodist Senior Services



Dear Friends,

Imagine if you were at home, alone and hungry, unable to cook for yourself.
Consider the relief and security you would feel by having a hot, nutritional meal delivered by a smiling volunteer. Someone who also checks to make sure you are safe.

Five days a week, over a hundred senior adults in the Lee County area experience that pleasure thanks to donors like you who have supported the *Meals on Wheels of Lee County* program.

Every year, the demand for such services and the waiting list of elders in need grows. As little as \$5.00 makes a big difference in the life of a senior in our area for a day. We ask that you consider making *Meals on Wheels of Lee County* a part of your giving this year. We would truly be honored to partner with you in caring for these elders.

Thank you for your consideration.
Through your prayers, volunteerisim and resources, we can make a difference in the lives of these elders everyday!

Who is helped by MEALS ON WHEELS?

The recipients of *Meals on Wheels* are typically home-bound individuals 60 years and older who have no other dependable daily source for planning, cooking and serving their meals. Often the recipients suffer from debilitating illnesses which prevent them from actively caring for their daily needs.

Because many also have a very low income, there is no charge to them for the meals they receive. Therefore, the *Meals on Wheels* program depends on donations from individuals, businesses, clubs, church groups and the United Way of Northeast Mississippi to continue the program.



Mississippi is listed in the **top 10 states** with the highest rate of hunger risk among seniors.

among seniors.

YOUR gift

TODAY can...
...help them EAT
healthier
...help improve
their HEALTH
...help them feel

more **SECURE**...help them continue to live in their own **HOME**

You may also donate securely online at www.mss.org	Please Charge My: □ Visa
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Thank y	you for	supporting	these	elders