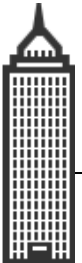


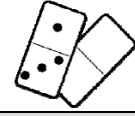





# September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:15am Sunday School</p>	<p>2 <i>Labor Day</i></p> <p>9:45 Donuts and Coffee</p> <p>10:45 Exercise</p> <p>2p Newspapers</p> <p>3p Betty and Jackie</p>	<p>3 <i>Skyscraper Day</i></p> <p>9:45 Exercise</p> <p>10:45 Devotion</p> <p>2p Bingo</p> <p>3p Floor Darts</p> 	<p>4 <i>Newspaper Carrier Day</i></p> <p>9:45 Bible Study</p> <p>10:45 Exercise</p> <p>2p Wal-Mart</p>	<p>5 <i>Nat'l Cheese Pizza Day</i></p> <p>9:45 Washers</p> <p>10:45 Exercise</p> <p>2p Penny Auction</p> <p>3p Games</p>	<p>6 <i>Nat'l Read a Book Day</i></p> <p>9:45 Football Toss</p> <p>10:45 Exercise</p> <p>2p Bingo</p> <p>3:30p Newspapers</p> 	<p>7</p> <p>10:30 Exercise with Lando</p>
<p>8 <i>Grandparents Day</i></p> <p>9:15am Sunday School</p>	<p>9</p> <p>9:45 Donuts and Coffee</p> <p>10:45 Exercise</p> <p>2p Arts Demo</p> <p>3p Dulcimers</p>	<p>10 <i>Wear Red Day</i></p> <p>9:45 Exercise</p> <p>10:45 Devotion</p> <p>2p Bingo</p> <p>3p Creative Food Demo</p>	<p>11 <i>Wear a Hat Day</i></p> <p>9:45 Bible Study</p> <p>10:45 Exercise</p> <p>2pm Birthday Party</p> <p>5p Out to Eat: O'Charley's</p>	<p>12 <i>Wear your Team Colors</i></p> <p>9:45 Painting</p> <p>10:45 Creative Exercise</p> <p>2p Games</p>	<p>13</p> <p>9:45 Newspapers</p> <p>10:45 Exercise</p> <p>2p Bingo</p> <p>5pm Family Dinner</p>	<p>14 <i>Nat'l Filled Donut Day</i></p> <p>10:30 Exercise with Lando</p>
<p>15 <i>Nat'l Fest Hat Day</i></p> <p>9:15am Sunday School</p> 	<p>16 <i>Nat'l Raisin Bread Day</i></p> <p>9:45 Donuts And Coffee</p> <p>10:45 Exercise</p> <p>2p Jewelry or Dominoes</p> 	<p>17 <i>Constitution Day</i></p> <p>9:45 Exercise</p> <p>10:45 Devotion</p> <p>2p Bingo</p> <p>3p Bible Trivia</p>	<p>18 <i>Air Force Birthday</i></p> <p>10am Health Fair</p> <p>2pm Games</p>	<p>19 <i>Nat'l Pawpaw Day</i></p> <p>9:45 Pokeno</p> <p>10:45 Exercise</p> <p>2p To Cinemark Movies</p>	<p>20 <i>Nat'l Punch Day</i></p> <p>9:45 Hopscotch</p> <p>10:45 Exercise</p> <p>2p Bingo</p> <p>3:30p Newspapers</p> 	<p>21 <i>Nat'l Dance Day</i></p> <p>10:30 Exercise with Lando</p>
ASSISTED LIVING WEEK		ASSISTED LIVING WEEK		ASSISTED LIVING WEEK		ASSISTED LIVING WEEK
<p>22 <i>Elephant Appreciation Day</i></p> <p>9:15am Sunday School</p>	<p>23 <i>Autumn Equinox</i></p> <p>10:45 Exercise</p> <p>2p Ice Cream Social</p>	<p>24</p> <p>9:45 Exercise</p> <p>10:45 Devotion</p> <p>2p Bingo</p>	<p>25 <i>Nat'l Comic Book Day</i></p> <p>9:45 Bible Study</p> <p>10:45 Exercise</p> <p>2pm Shopping at TJ Maxx</p>	<p>26 <i>Nat'l Pancake Day</i></p> <p>9:45 Corn Holes</p> <p>10:45 Exercise</p> <p>2p Games</p>	<p>27 <i>Nat'l Scarf Day</i></p> <p>9:45 Horseshoes</p> <p>10:45 Exercise</p> <p>2p Bingo</p> <p>3:30p Newspapers</p>	<p>28 <i>Nat'l Hunting and Fishing Day</i></p> <p>10:30 Exercise with Lando</p>
<p>29 <i>Nat'l Coffee Day</i></p> <p>9:15am Sunday School</p>	<p>30 <i>Nat'l Chewing Gum Day</i></p> <p>9:45 Donuts And Coffee</p> <p>10:45 Exercise</p> <p>2p Gumball Fun</p>	<p><b>September Birthdays</b></p> <p>Ann Randle Sept. 1</p> <p>Clara Shoenberger Sept. 1</p> <p>Lois Temple Sept. 8</p> <p>C.D. Peters Sept. 14</p>		<p>Jean Clement Sep.. 15</p> <p>Julius Summers Sept. 18</p>		<p><b>Mitchell Center Assisted Living</b></p> <p>Care Coordinator—LaShanda Judon</p> <p>Activities—Melissa Alexander</p> <p>Phone # - 662 844 1441 ext. 2702</p>